

# MID-BERGEN REGIONAL HEALTH COMMISSION

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River Edge

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Tenafly~Ridgefield Park

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Bergenfield~Garfield

March 19, 2020

As at this time there is no definitive evidence as to exactly how long Covid-19 droplets can remain viable on various surfaces. We feel that it is prudent to remind consumers who are picking up food or having delivery service from retail food establishments to remove the food from the containers when the food is received, any utensils provided with the food should also be discarded and the consumers own utensils should be used. Discard the containers and avoid touching your face, nose, eyes or mouth. Then thoroughly wash your hands with soap and water for at least 20 seconds. If there is no way to wash hands an alcohol based Hand Sanitizer containing at least 60% alcohol may be used. Be sure to rub hands together until the hand sanitizer has COMPLETELY dried.